

The meaning in life in children questionnaire (MIL-CQ; Shoshani & Russo-Netzer, 2017)

- 1 I think that even if something bad happens in my life, I can overcome it.
- 2 Even though bad things sometimes happen to me, I think life is beautiful.
- 3 Even though there are sad things in the world, I think life is worth living.
- 4 I think I can learn or gain something from experiences, even when I experience something bad.
- 5 I think that even in negative experiences I can find something positive.
- 6 I accept the things I cannot change in myself or the world.
- 7 I make up songs, stories, games, and other things that can contribute to others.
- 8 I like taking the time to do important and meaningful things.
- 9 I feel I do things that are beneficial to others.
- 10 I do things that are important for others.
- 11 I often do things to contribute and help others.
- 12 My actions help my environment and the world.
- 13 I try to spend my free time doing meaningful things.
- 14 I take actions that will help me achieve the goals in life that are important to me.
- 15 Being with my family gives me strength.
- 16 My relationships with people my age makes me feel good.
- 17 I enjoy the beauty in life.
- 18 I feel happiness and joy when I am with people who are close to me.
- 19 I like to travel and enjoy the beauty that exists in the world.
- 20 I feel connected to God or a higher power that gives me guidance.
- 21 Being in nature makes me happy and calm.

Attitudinal: Items 1-6

Creative: Items 7-14

Experience: Items 15-21

5-point Likert scale ranging from 1 (not at all) to 5 (to a very large extent). The1 (not at all) to 5 (to a very large extent).