

Prioritizing Meaning Questionnaire (Russo-Netzer, 2019)

Using the scale below, please select a response from 1 to 9:

1	2	3	4	5	6	7	8	9
Disagree strongly	Disagree mostly	Disagree somewhat	Disagree slightly	Neither disagree or agree	Agree slightly	Agree somewhat	Agree mostly	Agree strongly

In my everyday life...

1. I prefer to engage in activities which are related to the sense of meaning in my life	1	2	3	4	5	6	7	8	9
2. I devote as much time as I can to activities that have great meaning for me	1	2	3	4	5	6	7	8	9
3. The manner in which I organize my day reflects values that are meaningful to me	1	2	3	4	5	6	7	8	9
4. My major decisions in life (e.g., the job I choose, where I choose to live) are influenced by how much I might experience meaning as a result	1	2	3	4	5	6	7	8	9
5. I admire people who make their decisions based on the meaning they will gain	1	2	3	4	5	6	7	8	9
6. One of the main considerations in my choice whether to do something is the sense of meaning it will bring me	1	2	3	4	5	6	7	8	9
7. In my day-to-day life, I choose to do things in accordance with my life's purpose	1	2	3	4	5	6	7	8	9
8. I choose and prefer activities which stimulate a sense of value and meaning	1	2	3	4	5	6	7	8	9
9. The consideration which guides the priority I give to activities is the extent to which I will be able to be involved in things that are meaningful and make a difference in the world	1	2	3	4	5	6	7	8	9
10. I structure my day to be involved in things that are meaningful and valuable to me	1	2	3	4	5	6	7	8	9
11. The activities I choose to be involved with reflect who I really am	1	2	3	4	5	6	7	8	9
12. I choose to include in my life activities that are	1	2	3	4	5	6	7	8	9

meaningful to me, even if they often require effort									
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Russo-Netzer, P. (2019). Prioritizing meaning as a pathway to meaning in life and well-being. *Journal of Happiness Studies*, 20(6), 1863-1891.

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